



# RESONANZRAUM COACHING

Harmonize Your Life

**M.Sc. Lara Friedrich - Psychologist & Musician**



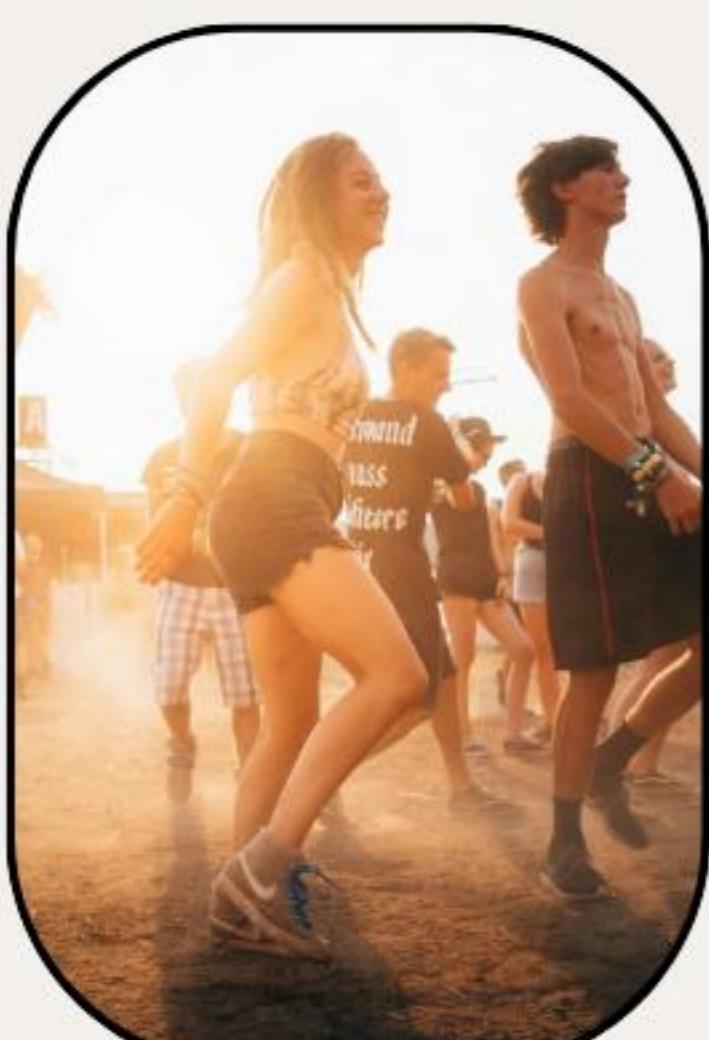
## **Psychological Songwriting Coaching in Winterthur and Zurich**

Learn more about yourself, your goals and what you want in life. My coaching services are also available online!



## **Individual Sessions**

- Psychological songwriting coaching
- Songwriting consulting
- Psychological coaching



## **Services for Groups**

- Understanding and managing stress holistically (6-12 sessions)
- Songwriting crash course (5-7 sessions)
- Writing a song for your company, team or class together

# Contact Information

## Locations

Group practice  
FeniceRosa  
Merkurstrasse 12  
8400 Winterthur

Voice + Music  
Academy Zurich  
Kanonengasse 18  
8004 Zürich

## About Me



**Lara Friedrich**  
Psychologist M.Sc.  
Musician (artist's name  
Miz Jackdaw)

## To the Website



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## Social Media

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