



RESONANZRAUM COACHING

Harmonize Your Life

M.Sc. Lara Friedrich - Psychologist & Musician



Psychological Songwriting Coaching in Winterthur and Zurich

Learn more about yourself, your goals and what you want in life. My coaching services are also available online!



Individual Sessions

- Psychological songwriting coaching
- Songwriting consulting
- Psychological coaching



Services for Groups

- Understanding and managing stress holistically (6-12 sessions)
- Songwriting crash course (5-7 sessions)
- Writing a song for your company, team or class together

Contact Information

Locations

Group practice
FeniceRosa
Merkurstrasse 12
8400 Winterthur

Voice + Music
Academy Zurich
Kanonengasse 18
8004 Zürich

About Me



Lara Friedrich

Psychologist M.Sc.
Musician (artist's name
Miz Jackdaw)

To the Website



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Social Media



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